



### End of project impact report

Grant Awarded: £1,000

Date Awarded: March 2018

#### Organisation Details

Name: Magnetic Arts

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

#### Project Details

Project Title / Description: Spring Into Art

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\_\_\_\_\_

\_\_\_\_\_

Contact Name: V. Langford \_\_\_\_\_ Tel: \_\_\_\_\_

IMPACT REPORT FOR PERIOD 1<sup>st</sup> May TO 5<sup>th</sup> June

**Q1 In no more than 500 words please outline the key outcomes of your project.**

We engaged 10 people and 1 volunteer. **Attendees** Males x 2 aged 49 - 64      Female x8 aged 29 - 69      Unemployed 8    retired 2      Non-Selby town resident 2      Selby town resident 8

**Conditions disclosed**      Bi-polar, mental health issues, visual impairment, personality disorder, depression and anxiety, physical disabilities

**How people heard about the course** Notice in supermarket 1 Through Magnetic Arts / NYCC 3 Facebook 3 Mental health team 2 We had our target number of attendees enrol on the course and good weekly attendance.

**Evaluation from participants** People reported they met new friends, felt more confident talking to people, learnt new skills in a range of art techniques and felt they had benefitted from the routine of regular attendance at something with a supportive and friendly group

**Q2 In no more than 500 words please demonstrate how the project has met the Community Development Plan objectives that were identified in the original application for funding.**

**Health and well-being** Our attendees reported loneliness and lack of routine is a major issue when unemployed and this affects health and well-being. Economic inactivity inevitably means people are on fixed low incomes. Our participants reported experiencing low confidence and self-esteem, a high percentage of our beneficiaries were over 40, and lacking in motivation generally. Based on group and individual feedback our project succeeded in the following areas:- Using the arts as a vehicle for positive mental well-being • Facilitating individuals active involvement in creative learning • Increasing positive connections to provide peer support • Developing the creative and social skills of participants • Providing a supportive environment, accessible to all.

**Promoting the economy** The public show of participants' artwork helped to create a real sense of achievement and pride for those involved and give them a chance to share their work with friends and family and the wider community. Those learners contributing to the project were able to feel a sense of ownership and part of the community as people admire their creative achievements, it may also have inspired others in the same position to try directed creative learning and or self-directed activity. 'Spring into Art' supported people furthest from employment to progress towards further learning and eventually volunteering and or employment by building their confidence and raising their aspirations.

**Q3 In no more than 250 words please give details of any additional benefits or objectives that the project has met that were not anticipated/ outlined in the original application for funding.**

During the time the project was running we were approached by St Leonard's Hospice to produce artwork for exhibition and sale at Selby Abbey to benefit the charity so we were able to programme this in to the course and the group really benefitted from producing craft items and group paintings to benefit the cause.

**Any other comments on the project and its success:**

We were able to refer group attendees in to our regular art café project in the town and this gave them a continuity of support. Most asked to be kept informed of future courses they could access with us.

We were told repeatedly that there were no other courses like this in the area.